DE-MTSS: ISLA

Instructional and Restorative Alternatives to Exclusionary Discipline

May 29, 2024





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DE-MTSS Technical Assistance Center



The Delaware Multi-Tiered System of Support TA Center proudly serves as a technical assistance provider for the Delaware Department of Education.

Our TA Center provides professional learning and coaching to support the academic and nonacademic development of all children.



As colleagues...our working agreements



Give and receive welcome



Listen and speak with an open mind and heart



Be curious before being critical



Take risks, embrace discomfort, be brave



Use asset-based language when referring to students and teachers



Respect yourself and others

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Almost there after a long year...





TO DO UNTIL YOU

CAN DO WHAT YOU

WANT TO DO.

Professional Learning Standards

Today's content was developed in accordance with the adopted professional learning standards from Learning Forward.

These standards acknowledge that:

- 1. All educators have a responsibility to learn in order to improve student performance, and
- 2. The purpose of professional development is for educators to develop the knowledge, skills, practices, and dispositions they need to help students perform at higher levels.



Learn more about the Professional Learning Standards here and the Delaware Professional Development Standards guidance here.

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Transformational Processes Standard

Transformational Processes Standard: IMPLEMENTATION

Professional learning results in equitable and excellent outcomes for all students when:

- 1. Educators understand and apply research on change management,
- 2. Educators engage in feedback processes, and
- 3. Educators implement and sustain professional

learning.



(Learning Forward, 2023)

Defining MTSS in Delaware

DE-MTSS is a framework designed to meet the needs of the whole child through an *integrated*, *multilevel prevention system* that optimizes *team-based leadership* and *data-driven decision making* to meet the academic and nonacademic needs of all students. High quality core academic instruction and non-academic practices are provided as universal supports to all children. Evidence-based intervention and supports are matched to student needs and informed by ongoing progress monitoring and additional formative assessments.



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Prevent Teach Respond Practices Practices Practices

Today's session will provide...



More tools to share with educators for preventing behaviors of concern from escalating in the classroom (Tier 1 reminders)



More understanding of the preventive and responsive ISLA Model specifically (including Level 3, Out-of-Class ISLA Supports)

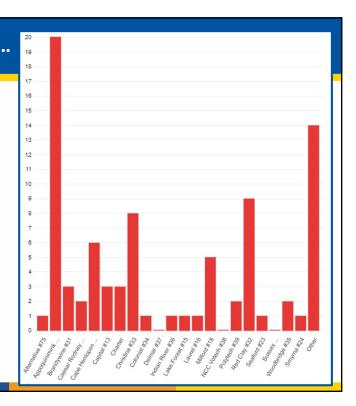


Brainstorming opportunities for how to bring the ISLA Model to your LEA/school

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Who You Are and Why You're Here...

- District MTSS Coaches/Team Members
- Building-level Administrators,
 Teachers, and School Counselors
- Building-level MTSS
 Coordinators/ Team Leaders
 (Tier 1, 2, & 3)
- Statewide MTSS, SEL, and Student Support Leaders
- Restorative Practices Implementers



Leaning Into our Whys

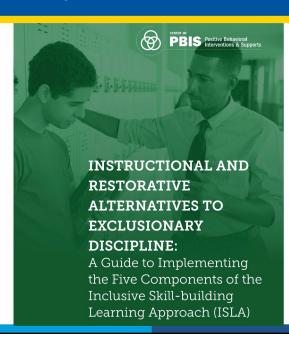


Exclusionary Discipline can result in:

- Overall and Disproportionate Long-Term Impacts
- Loss of Instructional Learning
- Harmed Relationships/Belongingness
- Missed SEL Teaching Opportunities
- Damaged School Climate and Overall Safety
- Missed Attention to Needed Changes within Current Systems

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Today's session anchor is



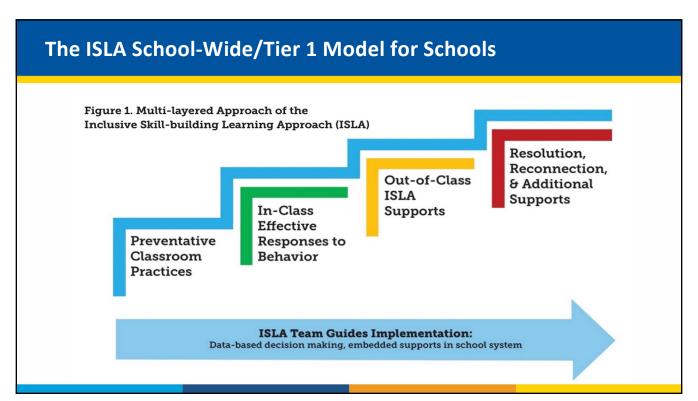
This brief outlines the five components of the ISLA model, as well as steps that school and district teams can take to begin implementing these practices within their MTSS/positive behavioral interventions and supports framework.

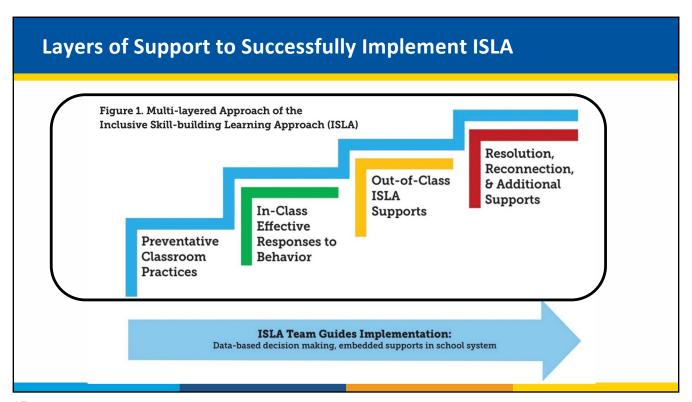
Building On What We Know Works

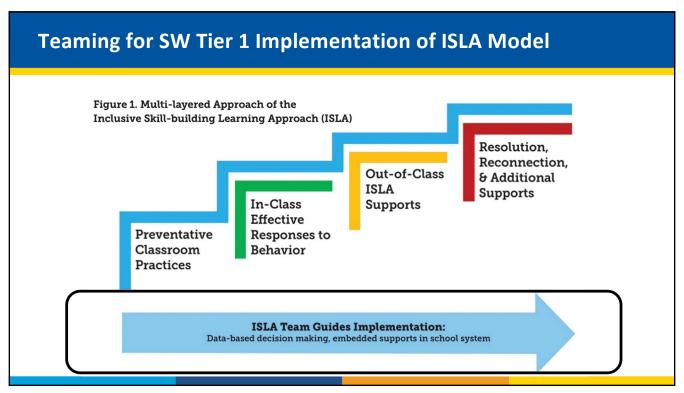
ISLA (Inclusive Skill-building Learning Approach) provides schools with an organization for naming and adopting strategies that classroom teachers and other supportive adults in the building can work on in tandem to help students stay in the classroom for instruction or positively re-engage after a break, when needed.

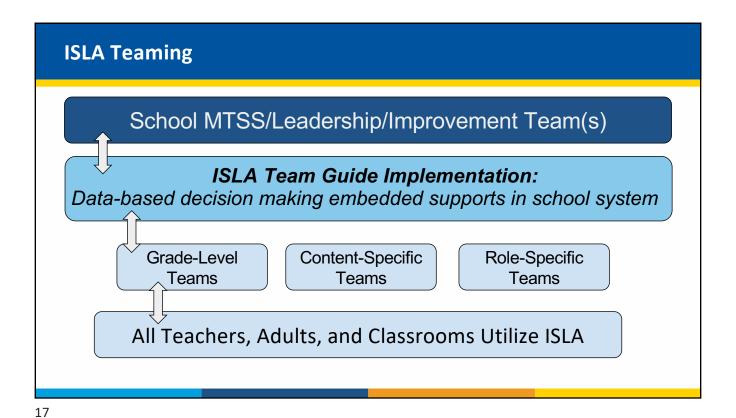


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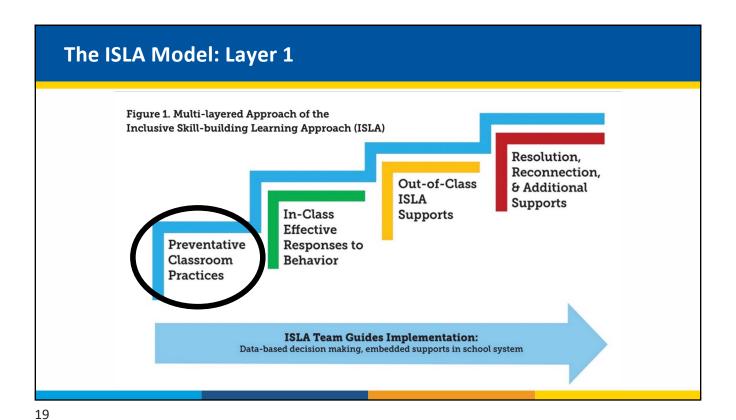








ISLA Session Note-Catcher ISLA Note-Catcher: Directions: Use the prompts and spaces on this note-catcher to jot down ideas LAYERS in this table to below to get to each section Layer 4 (click here) aver 3 (click here) ayer 1 (click here) LAYER 1: Prevention Classroom Practic 1. \underline{W} OW Strategy: \underline{W} elcome Students at the Door Sample tools for future professional learning: ELEMENTARY SCHOOL LEVEL - video 1 (here) & 2 (here)
 MIDDLE SCHOOL LEVEL - video 1 (here) & 2 (here) HIGH SCHOOL LEVEL -video 1 (here) & 2 (here) Participant Reflection Questions: What does this strategy look like in your schools right now? Who/What is helpina your teachers to use this strategy? * What do folks need to make this activity happen consistently?

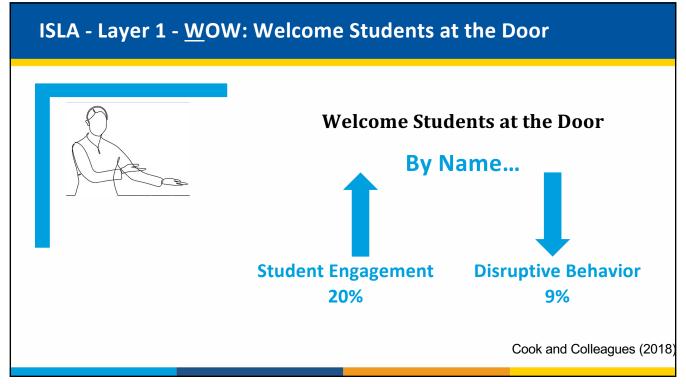


Preventative Classroom Practices

Building Relationships Intentional Supports

ISLA - Layer 1: Preventative Classroom Practices - WOW ISLA WOW Strategies Preventativ e Classroom Practices Own Your Classroom Environment Wrap Up With Intention

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All (4:03)

CREETING

Students at the door

Is it worth the extra time?

All (4:03)

High
(1:03)



WOW: Welcome Students at the Door

- * How are we making this happen?
- * What do we need to help make this happen?

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ISLA - Layer 1 - WOW: Owning Your Classroom Environment



Establish, teach, and practice classroom routines and procedures.

Teach routines at the beginning of the school year sets students up for success in the classroom.







(Oliver et al., 2011)

Resource Reminder: 5 Instructional practices to BOOST engagement

and accelerate learning

A resource designed to help you and your staff implement 5 evidence-based instructional practices in 3 steps:

- ★ Establish a safe and supportive learning environment.
- ★ Prompt active participation during instruction.
- ★ Reinforce the application learner skills.

Instructional Practices to Boost Student Engagement and Accelerate Student Learning

Are you a school leader looking to establish or enhance your schoolwide expectations for providing Tier 1 instruction? Are you a classroom teacher looking for ideas to review student engagement in your classroom this spring? Check out these 5 evidence-based instructional practices to boost engagement and accelerate student learning.

- ★ Use the first two practices to establish a safe and supportive learning
- \bigstar Implement the third and fourth practices to prompt active participation during instruction.
- ★ Apply the fifth practice to reinforce the application learner skills.

The Steps to Boost Student Engagement and Accelerate Student Learning (Figure 1) provide an organizational layout of the document, and links to corresponding labbus with details about each instructional practice. Per practice, a highlight of its critical features, related tips and examples, along with prompts for self-assessment are included. After reviewing the document, classroom educators can choose to focus on one or all five of the practices or school leaders can use the DDOE Tier 1 Planning Guide to integrate these practices into their schoolwide expectations for Tier 1 instruction. For additional information per practice, see the table of Reference Links.

Figure 1: Steps to Boost Student Engagement and Accelerate Student Learning

		Step 1: Create a safe and supportive learning environment	Step 2: Prompt active participation during instruction	Step 3: Reinforce the application of learner skills
ional	ces	Active Supervision	Opportunities to Respond	Strategic Use of
Instructional	Practices	Rules and Routines	Explicit Instruction	Feedback

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ISLA - Layer 1 - WOW: Owning Your Classroom Environment



Curious: Where do "mistakes" show up in your rules & routines?



ISLA - Layer 1 - WOW: Wrap Up with Intention



Relationships

Create opportunities for students to selfregulate emotions and unwanted behaviors associated with the sometime-chaotic nature of transition times.







(Verschueren & Koomon, 2012).

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ISLA: WOW: Wrap Up with Intention



ISLA: Layer 1: Preventive Classroom Practices Fidelity Resource O-2 Scale Per Item Classroom Practices O-2 Scale Per Item Comments: 3. The teacher works academic exp

Space for Comments/Tallies

Teacher Name:		Date:	Date: Total # of students:			
Activity/Lesson:		Total # of stu				
Start time:	Stop Time:	Total Score (out	of 100:			
Observable Behavior	0	1	2	Score		
1. The teacher welcomes	Teacher does not	Teacher greets the whole	Teacher greets individual			
students verbally OR with	greet OR welcome	class as a group, OR	students verbally OR with a			
a physical gesture as	students upon	teacher greets some	gesture as they enter the			
they enter the classroom.	entering class.	students individually but not all.	classroom.			
Comments:	I.	an.				
2. The teacher explicitly	Vague, conflicting, or	The teacher partially	Teacher verbally	_		
teaches, reviews, or	unclear expectations	teaches, reviews, or	communicates specific			
pre-corrects (using	are provided to	pre-corrects classroom	expectations to the whole			
verbal/visual/non-verbal	students, or no	behavior and/or academic	class, has expectations			
cues) classroom	expectations are	expectations OR The	visually displayed, or			
behavior and/or	communicated at all.	teacher explicitly teaches,	pre-corrects all students			
academic expectations.		reviews, or pre-corrects	ahead of instructional			
		classroom behavior and/or	routines, consistently and			
		academic expectations but	across instructional			
		not to the entire class	activities.			
Comments:						
3. The teacher explicitly	Teacher does not	Teacher models desired	Teacher explicitly models			
models behavior and/or	model desired	behavior and/or academic	desired behavior and/or			
academic expectations.	behavior and/or	expectations during	academic expectations			
	academic	instruction but not to the	during instruction to the			
	expectations.	entire class.	entire class.			
Comments:						
4. The teacher provides	The teacher provides Teacher provides		Teacher provides positive			
positive acknowledgment	more corrective	same number of positive	acknowledgments to the			
for following behavior	statements than	and correcting statements	whole class (verbal or			
and/or academic	positive statements	OR provides more positive	non-verbal more often than	1		
expectations.			corrections and/or	1		
	statements.	entire class (e.g., only to a	reprimands (verbal or			
		few individual students, or never to the whole class.	non-verbal) for following behavior and/or academic			
		never to the Whole class.	expectations.			
Tally positive and correctiv	e statements (optional	D:	expectations.			
Positive:	(epitette	Corrective:				

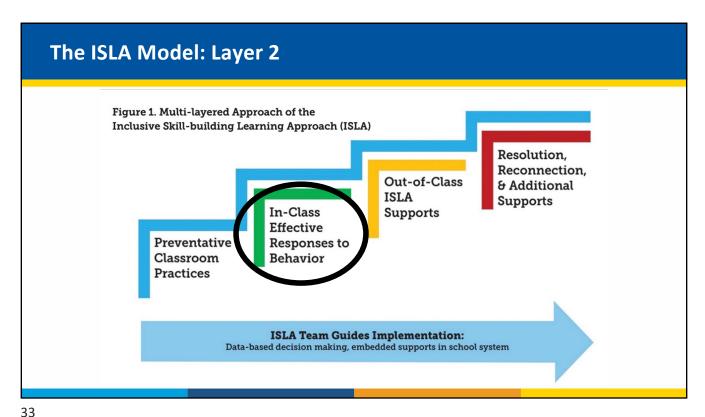
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Looking Ahead: How can we support teachers to develop their WOW strategies for the 24-25 SY?

Here and Now: How can we recognize teachers who are still leveraging WOW strategies to finish up this SY?

We See You!



,,

In-Class Effective Responses to Behavior Effective Responses to Behavior Consider

the Whole Child, including Function of Behavior





ISLA - Layer 2: In-Class Effective Responses to Behavior



We want to figure out

WHAT IS BEING COMMUNICATED & WHY IT BEING COMMUNICATED THIS WAY





...by noticing what happens before a behavior ANTECEDENT Help figure out the

WHAT & WHY...

...by noticing what happens after a behavior CONSEQUEN∰ DNEA

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ISLA - Layer 2

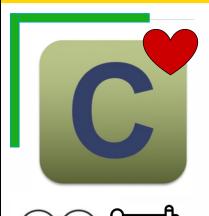


- Consider the motivation behind the behavior
- Give your yourself a few moments
- Ensure your reaction is truly focused on the behavior
- Look for ways to respond instructionally
- Keep your response in line with the severity of the behavior



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ISLA - Layer 2: In-Class Effective Responses to Behavior



- Reteach appropriate behavior
- Request a change of behavior
- Invite student to self-correct
- Partner student with a peer who is ontask
- Modify the assignment
- Move closer or provide a visual prompt
- Have a mini-conference with student

In-Class Effective Responses to Behavior

High School



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ISLA - Layer 2: In-Class Effective Responses to Behavior

In-Class Effective Responses to Behavior

Middle School



In-Class Effective Responses to Behavior

Elementary School



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ISLA - Layer 2: Breaks

Take some time, give some time





ISLA - Layer 2: Breaks



Take some time, give some time





(Pro)active behavior breaks are linked to improved attention and math performance
 (Broad et al., 2023; Fiorilli et al., 2021). When not improved, attention is not compromised
 (Infantes-Paniagua et al., 2021).

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Breakout Time

Sharing & PERSONAL Note-Catching

What, if any, procedures do teachers have in place to give students breaks in class your school/LEA?

What ideas did I hear from others?

What ideas did I share with others?

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ISLA - Layer 2: In-Class Supports

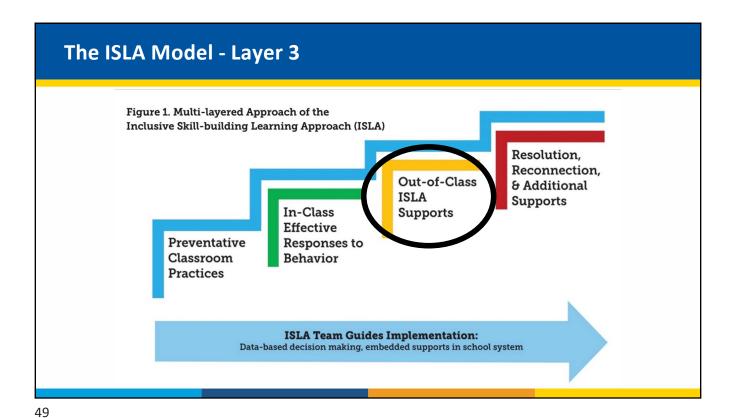
In-Class Effective Responses to Behavior

Training & Supporting Effective Responses

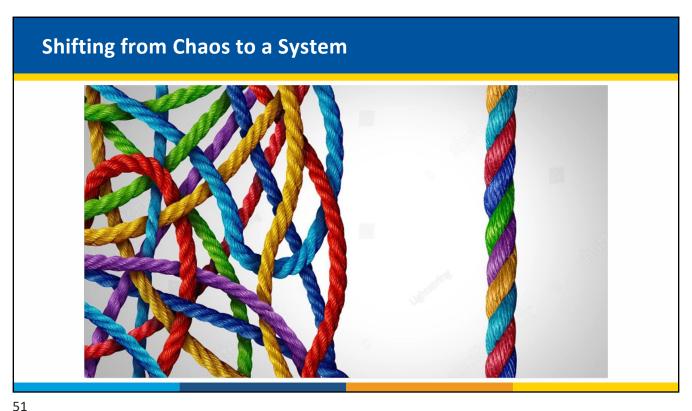
How can we support teachers to do this?

Where do these folks come in to help teachers?

- Administrators
- Tier 1/MTSS Team
- ISLA Implementation Team
- Student Support Team
- Other Adults in the Building
- Students
- Families



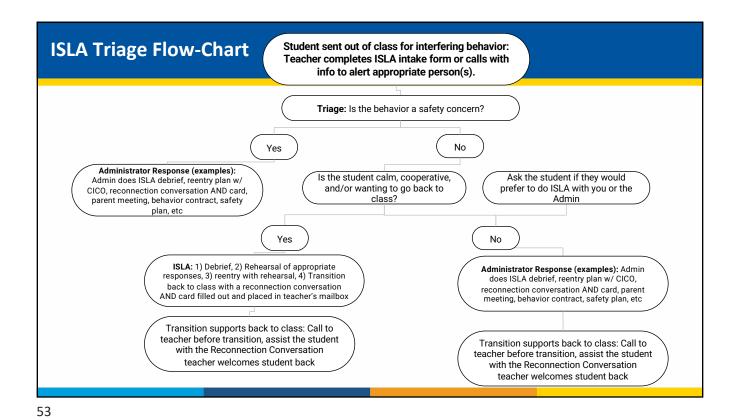
Triage (1)
Debrief (2)
Behavior Skills Coaching (3)
Reconnection Conversations (4)
Classroom Re-Entry (5)



ЭТ

Reality: Out of Class Time is Still Loss of Instructional Time

- Do you have (and follow) a clear lesson plan that allows you to quickly identify information missed?
- Do you have classroom helpers to support students to find and complete instructional tasks?
- Do you have a recording system to note patterns in...
 - Your use of out-of-class supports? This can help identify vulnerable points of decision-making and/or determine the benefits of coaching opportunities.
 - Student behavior? This can help determine possible need for Tier
 2 and 3 supports for specific skills to further teach and reinforce.



Follow school safety protocols to determine appropriate staff member to work with the student Positive personal relationships with students Experience teaching SEL Understanding of traumainformed care Positive personal relationships with colleagues Current school schedule Pressing commitments Proximity to classroom



Teachers
May Also
Need Triage



Step 2: Debrief



Check-in, allow time for student to de-escalate, if needed. Start the debrief conversation:

- 1. **Assess** the context of the situation, student behavior, and what others did too.
- 2. **Reframe** the narrative and assess personal understanding of details.
- 3. **Understand** the student need at the time of that incident.
- 4. **Provide** the opportunity to reflect and consider the impact of decisions made.
- 5. **Help** identify alternative responses and supports needed when in that context

Step 2: Debrief



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- 4. **Provide** the opportunity to reflect and consider the impact of decisions made.
- 5. **Help** identify alternative responses and supports needed when in that context

Listen and build trust by empathizing with the student.

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Step 2: Debrief



- 1. Tell me what happened. Start from the beginning. What was going on in class?
- 2. What did you do? What did others do?
- 3. What did you want or need in that situation?
- 4. How did that work for you? How do you think it worked for the other people in class?
- 5. If that's what you needed, what's another way we can get what you need in this class?
- 6. What could the teacher do to help you in these situations?

Step 3: Behavior Skills Coaching



Identify the prosocial skills that would help next time in a similar situation (connect to school/classroom expectations):

- 1. Teach the student what the skill is
- 2. Model what the skill looks like
- 3. Practice the appropriate skill through role-play
- 4. Provide student with feedback on skill development

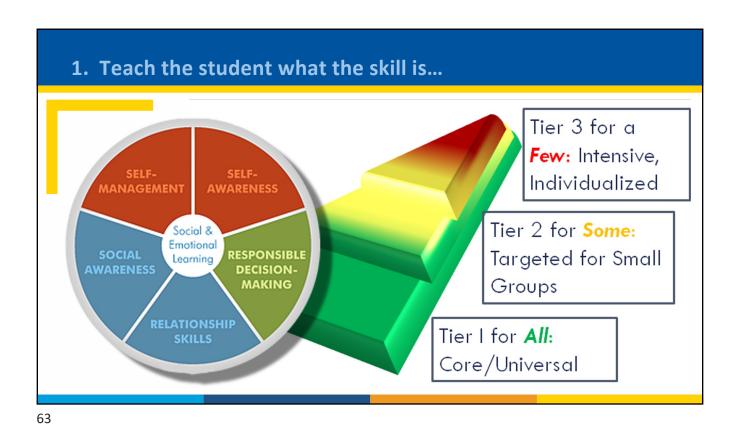
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Step 3: Behavior Skills Coaching

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Step 3: Behavior Skills Coaching

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- 3. Practice the appropriate skill through role-play
- 4. Provide student with feedback on skill development



Council for Exceptional Children High-Leverage Practices in Special Education

HLP 8: Provide positive and constructive feedback to guide students' learning and behavior.

HLP 9: Teach social behaviors.







Teach

Model

Practice

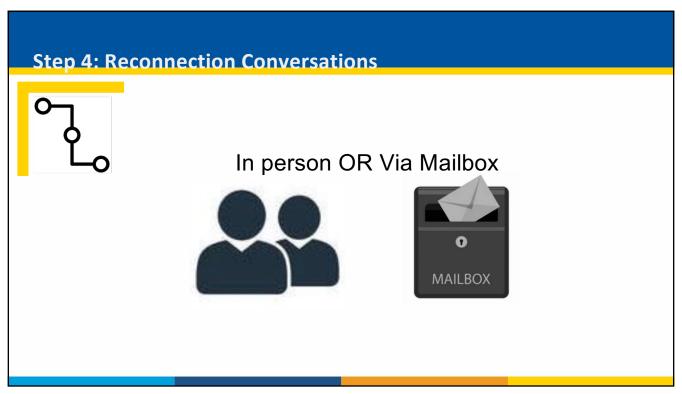
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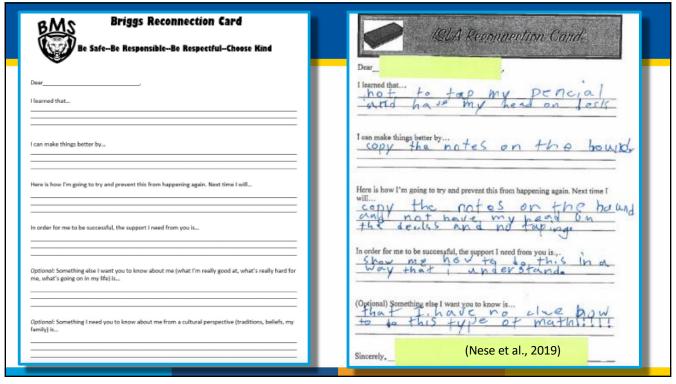
Step 4: Reconnection Conversations

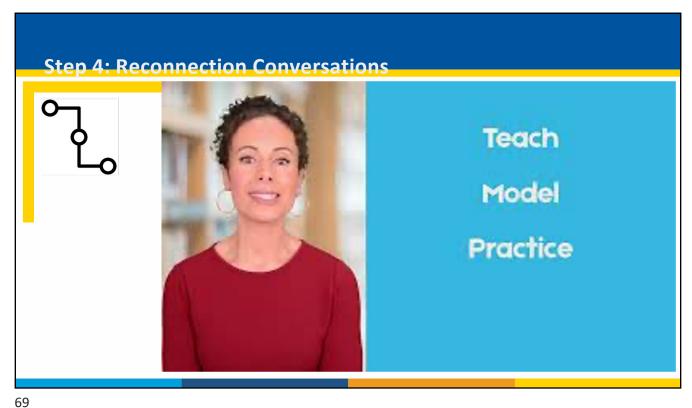


Help the student plan how to reconnect with their teacher or communicate...

- (a) What did the student learn?
- (b) What can the student say to make things right?
- (c) How can the student prevent this from happening in the future?
- (d) What does the student need from their teacher to be successful?
- (e) What else does the student want their teacher to know about them?







Step 5: Classroom Re-Entry



- 1. Walk student back to classroom
- 2. Teacher engages in re-entry routine to welcome student back right away or during a determined time
- 3. Staff may support teacher by watching class, if needed
- 4. Staff may support student in owning their part and have their voice heard, if needed
- 5. Allow student back into the classroom without punishment, retribution, or a grudge.



Step 5: Classroom Re-Entry



Suggested Teacher Responses:

- Thank you, (name)!
- I appreciate your apology.
- Sounds great! Let's get back to work.
- Tomorrow is a fresh start.
- Your honesty means a lot.
- Glad to have you join us.
- Welcome back. We are working on _____.
- Thanks for letting me know that. I will do my part to support you.

(Nese et al., 2019)

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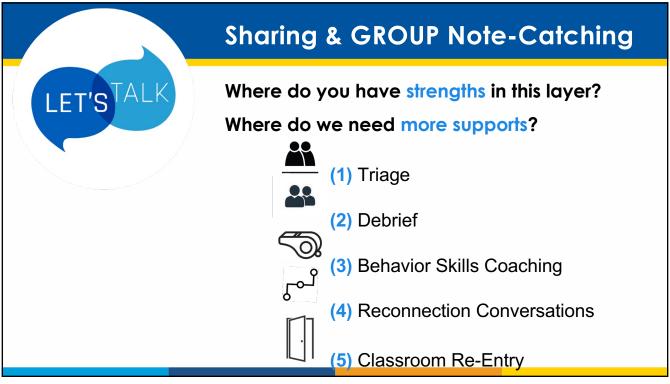
Step 5: Classroom Re-Entry

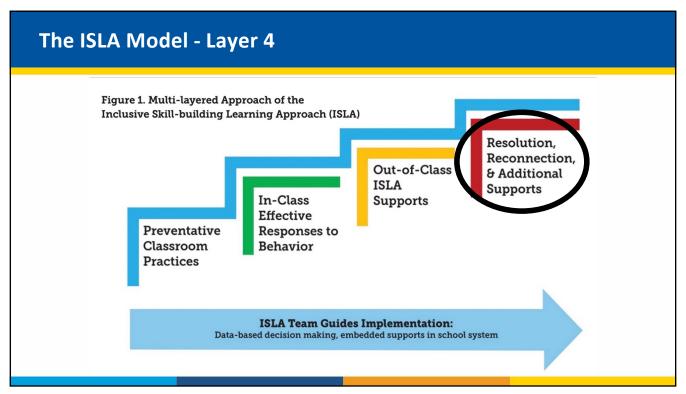


If Reconnection Conversation does not happen by the end of the period, or is not facilitated by the ISLA Support Staff, find a time to have it within 24 hours.

It is important for you and the student to make amends the same day, if possible.







ISLA -Layer 4 - Resolution, Reconnection, & Additional Supports



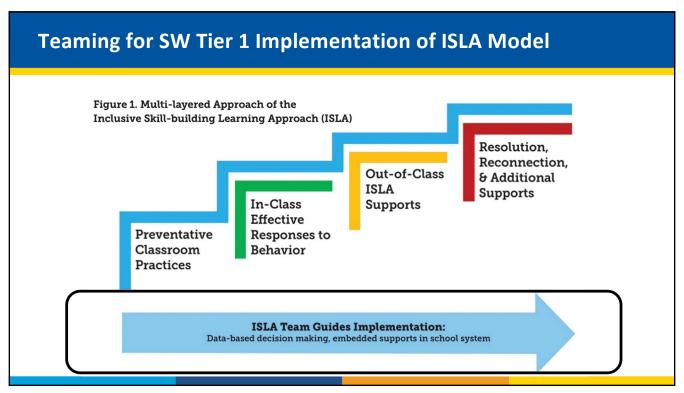
The student - identifies their part in the way things escalated and asks for the support needed from their teacher moving forward.

The ISLA support staff member - helps the student own their part and get their voice heard.



The teacher - provides time to listen, acknowledge the student's point of view, commit to working with them on the skill they identified, and invite them back into the learning environment when appropriate.

BMS Briggs Reconnection Card Be SafeBe ResponsibleBe RespectfulChoose Kind	IQLA Reconnection Cand
Dear	not to top my pencial and have my head on Jests
I can make things better by	I can make things better by tes on the bould
Here is how I'm going to try and prevent this from happening again. Next time I will	Here is how I'm going to try and prevent this from happening again. Next time I will copy the notes on the hound
In order for me to be successful, the support I need from you is	copy the notes on the bound
Optional: Something else I want you to know about me (what I'm really good at, what's really hard for me, what's going on in my life) is	In order for me to be successful, the support I need from you is a. Shaw me hove to to this in a way that i wheel stands
Optional: Something I need you to know about me from a cultural perspective (traditions, beliefs, my family) is	(Optional) Something else I want you to know is That I have no class by watton to be this type of mathematical
	Sincerely, (Nese et al., 2019)





	Sam	ple Dat	a Tra	cker							
ſ	A		В С		D		Е		F		П
	Studen	it Name	Grade	Teacher Name	Time In	Time	Time Out		What happen	ed?	
ı	Bell, Ka	ntie	7	Captain Marvel	11/3/2022	9:35:30	11/3/2022	10:05:41	details here		T
	Malfoy, Draco		8	Storm	11/3/2022	8:49:18	11/3/2022 9:51:18		short description		
ehav safe	s student's vior pose a ety risk to or others?	Student sent to administrator?	ISLA Debrie		Practiced re- connection conversation with you?	Did the student complete a re- connection card?	student do the re-connection conversation with their teacher?	Did the student reenter th classroor	t he	Minutes in Office	Note
	No	No	Yes	Yes	Yes	Yes	Yes	No	Stayed until end of	0:30:11	
	Yes	Yes	Yes	Yes	Yes	Yes	No	No	period	1:02:00	
	No	No	Yes	Yes	Yes	Yes	No	Yes	130	0:20:00	
	No	No	Yes	Yes	Yes	Yes	No	No	Stayed until end of period	0:30:00	
	No	No	Yes	Yes	Yes	Yes	Yes	No	Student not ready	0:40:00	

Related Resources



DE-MTSS TA Center

https://www.delawarepbs.org/pd/tier-1-universal-school-wideframework/ (Tier 1 Resources Professional Learning, Tools & Forms)

https://www.delawarepbs.org/what-educators-can-do/ (5-Point Guide for Promoting Equity)

National Resources:

<u>Integrating Restorative Practices into Multi-tiered Systems of Social Emotional Behavioral Support</u> (Conference Presentation)

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Thank you for joining us today and for ALL that you do!

